

**Carson City Health and Human Services
Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

Thursday, January 19, 2017

New Staff

- No new staff members within the Chronic Disease Prevention and Health Promotion Division

Other Health Department News

- A Forces of Change Assessment is the next step in the Community Health Needs Assessment process. The results of this assessment along with the results of the Local Public Health System Performance Assessments will be compiled and included in the 2017 Community Health Needs Assessment, and then the Community Health Improvement Plan process will begin.
- We are in the process of hiring a Public Health Preparedness Manager, Public Health Preparedness Planner, Grants Analyst, and a Public Health Educator for the Adolescent Health program.
- Effective 1/1/17, Douglas County Community Health clinic is no longer being ran by CCHHS.

Staffing Matrix for Chronic Disease from State of Nevada Department of Public and Behavioral Health

58% Tobacco Core Funding

25% FHN Funds

Programming

Diabetes Prevention and Control Program

- Diabetes training and education to providers on the statewide toolkit began. 10 providers reached in Carson City and Lyon County with the tool kit and referral process for Diabetes Prevention Program and Diabetes Self-Management Programs. Feedback from providers included: toolkit too large and need key points to address, too many toolkits and end up in drawers, need specific information on how to refer patients, would like more communication back on patients attending and completion of classes. CCHHS developed fact sheet specific to our area to include at front of toolkit, including key points of how to use toolkit for office. Fact sheets were developed in conjunction with working with the 2 local program coordinators of the DPP and DSM classes. Plan to continue training on toolkit in 2017. Difficulties continue to get into provider practices with no incentive to provide, such as lunch or breakfast and we are competing with pharmaceutical companies for their time.

Tobacco Prevention and Control Program

- WNC continues to implement current tobacco free policy efforts with current policy in effect, which has designated smoking areas. The implementation has been smooth with few issues and issues are brought to task force and addressed quickly. During November, conducted an event on campus for One Day Stand against Tobacco. Event went well and included nursing school students doing blood pressure checks and assisting in education and cessation material. Offered incentives to those willing to turn in tobacco products and commit to quitting for the day. We had a few take advantage of this. Also, opened survey to all students, staff, and faculty via WNC email system on this day. Had almost 500 complete survey. Highlights from survey included

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85% do not use tobacco products, 75% were aware of current tobacco policy, and 83% are in support of a 100% tobacco free campus policy starting in Fall 2017.

- Efforts to plan, invite key stakeholders, and attend the 10th Anniversary of the Nevada Clean Indoor Air Act occurred with a very successful event on Dec. 8, 2016. We had great attendance and media coverage.
- Completed Provider Guide to Tobacco and Nicotine Billing and completed training to Carson Medical Group and Carson Tahoe Cardiology, this effort continued to educate providers and answer questions as needed.
- Completed Education and Training to Douglas High School Health Classes on Tobacco and Nicotine Addiction and Prevention. Administrators also attend this education and are surprised at the other tobacco products and statistics of electronic use with youth
- Presented at the Nevada Health Conference in October 2016 on Electronic Cigarettes and other tobacco products and the impact it has on our youth. Again, the attendees are amazed at the data and information presented.
- We have begun policy efforts looking at Legislative issues that will have tobacco or second hand smoke attached to a bill.
- Multi-unit housing efforts: Working to train a contracted staff member to assist working on this project. Continue to meet with resistance and barriers from managers and landlords. HUD ruling recently may help with education but we have no HUD housing in Carson City, only section 8 housing. We have located a few complexes with smoke-free policies or state they do not allow smoking inside the units.
- Nevada Tobacco Prevention Coalition: Recently attended our very productive Strategic Planning Session in Las Vegas. Our facilitator was very helpful and we should have a final plan out this month.
- Working with Carson City HR to understand employee health benefits related to smoking cessation, conducted a smoking/tobacco survey of all city employees in December 2016 with over 200 responses, and now analyzing responses to provide education in January on cessation opportunities and the hazards of smoking/tobacco and second-hand smoke exposure.

Other Programming Within the Health Department

Comprehensive Cancer Control Program

Through Carson City Clinical Services and Douglas County Clinical Services, pap smears and breast exams are performed in both our Carson City and Douglas County clinics under Title X funding. When indicated, colposcopies are performed in our Carson City clinic.

Community Health Worker Program

Within CCHHS Human Services Division, a Community Health Worker program is being piloted within our CSBG grant to work with housing clients that have medical/social needs. This program is going very well. In the future, avenues to fund Community Health Worker programs would like to be explored to develop



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Community-Clinical linkages and the use of a CHW in a full Chronic Disease prevention and health promotion program specific to our priority areas in our community identified in our CHNA and CHIP.

Heart and Stroke Prevention and Control

Tobacco participates on a task force with the State program.

Obesity Prevention and Control

Non-funded CDHPH program: Our Safe Routes to School program provides education and events to encourage students to exercise through encouraging riding bikes or walking to school.

